

# Guide to a reflection of practice in a placement abroad

## 1. Cultural observations:

what differences have you observed/experienced (if any) in cultural values and their expressions in Lithuania compared with your country? Please, describe in a few sentences.

## 2. Practice setting:

what similarities and differences have you identified in the practice setting compared with this type of setting in your country (service organization, habits, cooperation among co-workers, etc.);

what cultural factors have an impact on work with clients;

describe power relations within your practice placement (compare, please, with your country);

what methods of empowering clients (service users) service providers used;

what view of social work in Lithuanian institutions you have developed during the practice;

what were your strengths/weaknesses?

please, give proposals for the improvement: what and/or how would you improve: a) in the organization of the institution, b) patterns of social work case solutions, etc.

## 3. Language and communication:

what factors facilitated your communication and understanding in the practice setting (with workers, with clients (if appropriate), etc.);

what factors hindered communication and understanding in the practice setting (with workers, with clients (if appropriate), etc.);

to what extent, to your opinion, a foreign language allowed to reveal the reality of the work in your practice setting

was a non-verbal language an important tool for communication? If yes, with whom (clients, co-workers, etc.)

has this practice developed your cross-cultural communication skills? Please, describe in a few

sentences.

**4. Practice organization in the institution:**

what are the sources of satisfaction and dissatisfaction in your practice;

what was the role of the institution practice teacher in building your professional competences;

what methods of tutorship the institution practice teacher used; were these methods successful.

**5. Practice reflection in the university:**

what are the sources of satisfaction and dissatisfaction in your seminars;

what activities/tasks were most useful during the seminars for your professional growth; which were least useful?

what was the role of the university practice teacher in building your professional competences;

did university practice teacher succeed in meeting your individual learning needs;

what methods of tutorship the institution practice teacher used; were these methods successful.

Any additional comments.